There’s a lot of information (and misinformation) out there about COVID-19. Here are a few trusted resources you can rely on for accurate information about the outbreak:

**Centers for Disease Control (CDC)**
http://www.cdc.gov

**The World Health Organization (WHO)**
http://www.who.int

**National Institutes of Health (NIH)**
http://www.nih.gov

**Johns Hopkins Coronavirus Resource Center**
https://coronavirus.jhu.edu/

**Stanford Health Care**
http://health.associates/covid19

**Harvard Medical School**
http://healths.family/harvard3

**Mayo Clinic**
http://mayo.social/coronavirus8

**Cleveland Clinic**
http://offices.clinic/covid19

**Penn Medicine**
https://www.pennmedicine.org/coronavirus

**CVS**
https://www.cvs.com/content/coronavirus

**Walgreens**
http://symptoms.doctor/coronavirus

**Your State Health Department**
https://www.usa.gov/state-health

**Your Primary Care Provider**

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For information from news sources, social media, and public figures, which all have their own inherent flaws and biases, we urge you to ask yourself the following questions:

**Q:** Is the source reputable?

**Q:** Are any claims backed by experts with expertise in epidemiology?

**Q:** Do any of the claims seem to recommend specific products or purchases?

**Q:** Can any claims be backed up by other trusted sources, such as those listed above?

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FOR MORE INFORMATION AND ADDITIONAL COVID-19 RESOURCES, Please visit: www.zignallabs.com/blog